

Physical Development

MOVING and HANDLING



Movement is a fundamental activity of life and balance and coordination are essential for successful learning. Limited early movement experiences or an inborn condition such as Developmental Coordination Disorder can cause delay in physical movement. Therefore early identification and intervention is vital to support children who enter nursery below age related expectations.

MOVING AND HANDLING	Observed Behaviour	Intervention Cards
• Walks awkwardly or frequently trips.		Green 1, 2, 3
• Prefers to run rather than walk.		Green 1, 2, 3
• Often bumps into things.		Green 4
• Has difficulty negotiating space or demonstrates poor spatial awareness.		Green 4
• Difficulty with pedaling a tricycle or similar toy.		Green 5
• Prefers to lie rather than sit on the carpet.		Green 6
• Unable to sustain an upright sitting position.		Green 6
• Has difficulty in getting from a sitting position to a standing position.		Green 6
• Finds climbing up and down stairs difficult.		Green 1, 2, 3,6
• Unable to jump with two feet, hop on one leg or balance on one foot (age related expectation at 50 months).		Green 1, 2, 3
• Unable to hold a pencil between thumb and finger and make controlled marks (age related expectation at 50 months).		Green 7
• Shows difficulties in cutting (age related expectation at 50 months).		Green 8
• Shows difficulties in threading (age related expectation at 50 months).		Green 8
• Avoidance of small constructional toys such as jigsaws or building blocks.		Green 9